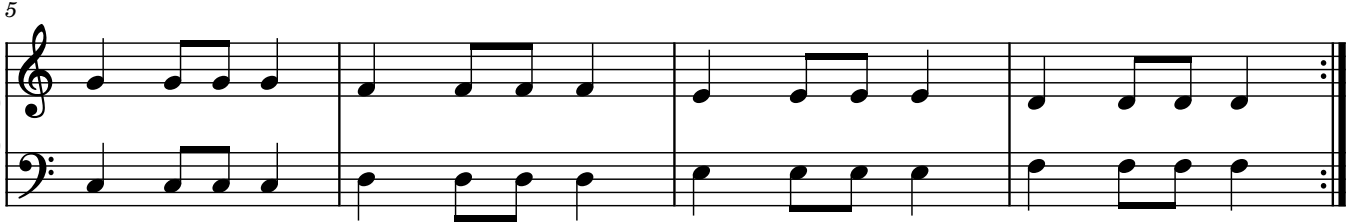


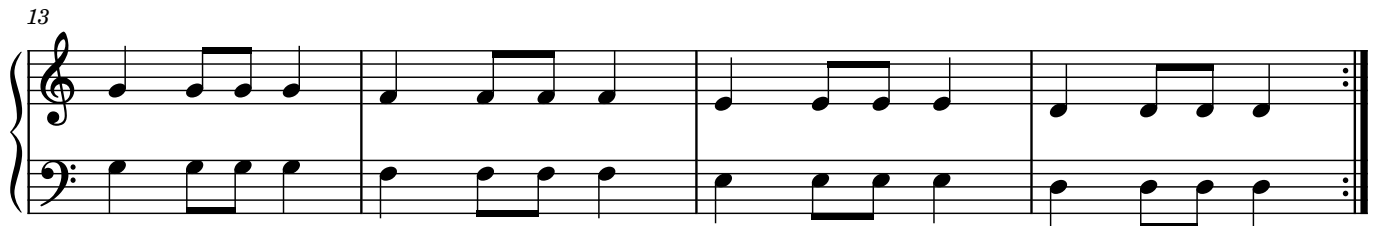
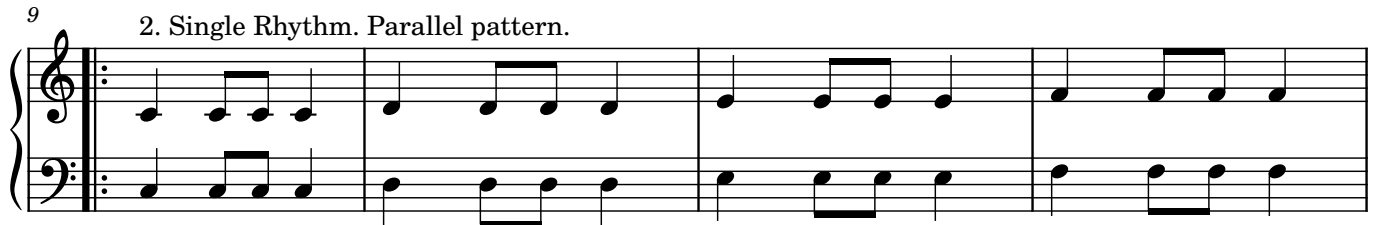
Hand Coordination Exercises 2

(Inspired by Jazer Lee)

1. Single Rhythm. Mirrored hands (Contrary Motion)



2. Single Rhythm. Parallel pattern.



3. Bi-Rhythmic Texture. "Climbing" pattern.



4. Exercise 3 Reverse Hands.



33 6. Bi-Rhythmic texture. Climbing and jumping.

[illegible]

49 9. Exercise 8 with reversed hands.

53



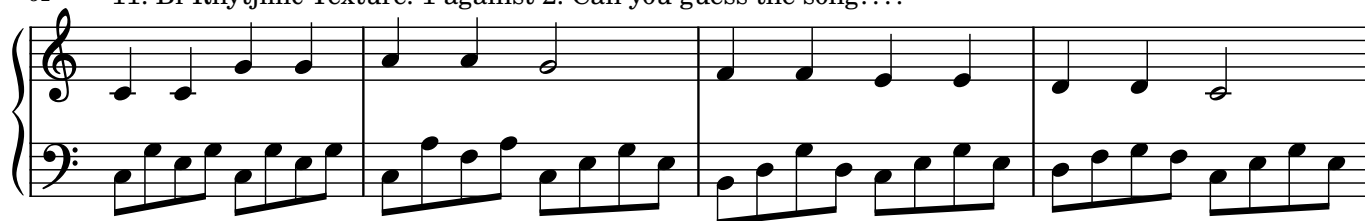
57

10. Bi-Rhythmic "wandering". 2 against 1 and 1 against 2 pattern.



61

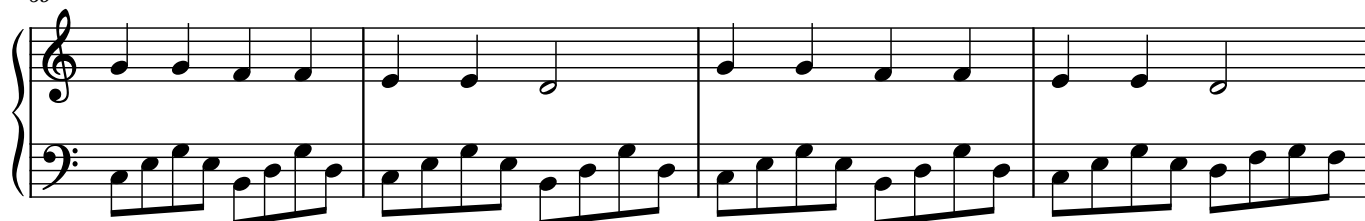
11. Bi-Rhythmic Texture. 1 against 2. Can you guess the song????



65



69



73

