

# Hand Coordination Exercises 2

(Inspired by Jazer Lee)

1. Single Rhythm. Mirrored hands (Contrary Motion)

Musical score for Exercise 1. It consists of two staves. The top staff is in treble clef and 3/4 time. The bottom staff is in bass clef and 3/4 time. Both staves show a continuous pattern of eighth notes and sixteenth notes. The right hand (treble) and left hand (bass) play mirrored patterns, creating contrary motion.

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Continuation of Exercise 1. The pattern continues across two measures. The right hand (treble) and left hand (bass) maintain their mirrored, contrary motion patterns.

9 2. Single Rhythm. Parallel pattern.

Musical score for Exercise 2. It consists of two staves. The top staff is in treble clef and 3/4 time. The bottom staff is in bass clef and 3/4 time. Both staves show a continuous pattern of eighth notes and sixteenth notes. The right hand (treble) and left hand (bass) play parallel patterns, moving in the same direction.

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Continuation of Exercise 2. The pattern continues across two measures. The right hand (treble) and left hand (bass) play parallel patterns, maintaining the same direction and timing.

17 3. Bi-Rhythmic Texture. "Climbing" pattern.

Musical score for Exercise 3. It consists of two staves. The top staff is in treble clef and 3/4 time. The bottom staff is in bass clef and 3/4 time. The treble staff has a climbing pattern of eighth and sixteenth notes. The bass staff has sustained notes (dotted half notes). This creates a bi-rhythmic texture where the two hands move at different speeds.

21 4. Exercise 3 Reverse Hands.

Continuation of Exercise 3. The pattern continues across two measures. The hands are reversed from the original version, with the bass staff playing the climbing pattern and the treble staff playing sustained notes.

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25      4. Bi-Rhythmic Texture. 4 against 1. "Jumping around."

29      5. Bi-Rhythmic Texture. 1 against 4.

33      6. Bi-Rhythmic texture. Climbing and jumping.

37      7. Exercise 6 with reversed hands.

41      8. Bi-Rhythmic Texture. 3/4 time. Climbing and falling.

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49      9. Exercise 8 with reversed hands.

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57 10. Bi-Rhythmic "wandering". 2 against 1 and 1 against 2 pattern.

61 11. Bi-Rhythmic Texture. 1 against 2. Can you guess the song????

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